

The Full-Value Breakfast Meal



Vegetables

1 or more of your choice



Fruits

1 or more of your choice



Bread or grain

1 item or more of your choice



Fat-Free or lowfat milk

1/2 pint

Offer versus Serve: THE CHOICE IS YOURS!
You may select all 4 items or any 3 or a combination of grains, fruits, vegetables, and milk to equal 3 items.